



## American Ju-Jitsu Association Responsible Instructor Program

The Responsible Instructor Program [RIP] is an integrated approach geared towards providing students of AJA dojo with responsible, competent and well prepared instructors. RIP is composed of four elements:

1. A combination of new instructors [who have been trained by their instructors to conduct a coherent instructional program designed round the goals and standards of their system of traditional jujitsu] and experienced instructors who have been teaching a comprehensive program for a number of years.
2. At least one or more instructors and/or staff, present during instruction, who have obtained the certifications listed below as a part of the American Ju-Jitsu Association's ongoing desire to provide a safe instructional environment for their students. The two certifications required by the AJA for RIP certification are:
  - A. First-Aid/CPR certification by a nationally recognized training agency.
  - B. Concussion awareness certification as established by the Center for Disease Control [CDC] or other national, regional, or state government agency or recognized sport governing body.
3. AJA support of a "Concussion Awareness and Safety Awareness Program" composed of the following elements:
  - A. Maintaining an adequate systems to regularly promote a "concussion awareness and safety program for AJA instructors and members, including but not limited to the online Concussion Course offered by the Centers for Disease Control and Prevention; and
  - B. Communicating in writing (including by electronic means), their "concussion awareness and safety recognition program" to all "participants" including parents and coaches about the nature of risk of concussions, including but not limited to how to recognize concussion symptoms.
4. Instructors who periodically conduct a "risk assessment" evaluation of their teaching environment based upon the criteria established by the AJA.

By signing this document below and displaying this document publicly, the instructor of this school indicates that the school is in compliance with the AJA Responsible Instructor Program standards listed above. Documentation of the above requirements are available from the instructor.

\_\_\_\_\_/Instructor

\_\_\_\_\_/School Name \_\_\_\_\_/Date