

# NEWSLETTER

The Imperial Martial Arts Dojo, Longmont, Colorado, headed by Sensei Michael Hite, is the fourth dojo to secure AJA affiliation in the last three months. Sensei Hite has been teaching for 11 years. His instructor is Sensei Jim Deavor.

We welcome all four dojo to the AJA. We hope that the sensei, students, and dojo will become very involved in AIA activities.

### four more dojo join ajan

Four more dojo were recently added to the scrolls of the AJA by the Board of Directors.

Sensei Pierre Lautischer's Ketto Ryu Ju-Jutsu Dojo, located in Edmonton, Alberta, Canada, is a welcome addition from Canada. Pierre holds a Nidan in Ju-Jitsu [1986] and a 3rd Kyu in Alkido [1989]. His dojo is also a member of the Canadian Ju-Jutsu Association and he is the Alberta President. Pierre's occupation is in the law-enforcement field. He has about 50 students, with 9 being Brown or Black Belts.

The second dojo is Sensei Bruce Jones' Restin Budoshin Ju-Jitsu Dojo, located in Restin. Virginia. Sensei Jones holds a Shodan in Ju-Jitsu [1991] and has had training in Taiho Jujutsu. Bruce is employed by the U.S. Marshall's Service & conducts a number of special programs. He's a member of ASLET and an Advanced Instructor at the Federal Law Enforcement Training Center, just to name two items. He has about 45 students with about 8 being Brown or Black Belts.

The third new dojo to affiliate with the AJA is Allen Hopkins Budoshin Ju-Jitsu Dojo, located in Bucklin, Kansas. Sensei Hopkins holds a Shodan in Budoshin Ju-Jitsu & Nikyu in Bushikan Ju-Jitsu. He is also affiliated with Ju-Jitsu America. Prof. Kirby is his sensei. Allen is 26 & has been teaching the art for six years.

## BOARD OF DIRECTORS LOOKING AT INDIVIDUAL MEMBERSHIPS & A CENTRAL REGION

The AJA Board of Directors will be looking at two major issues at the national convention for possible vote at the convention or shortly thereafter.

The first issue involves individual memberships. The BOD will be considering a proposal developed by Sensei Anthony Ibbott & Jennifer Wong to issue membership cards through the national membership chairman rather than by individual instructors. Tony & Jennifer have been working out the bugs of a computerized system that will provide all sensei & officials with up-to-date computerized printouts. This will mean no more individual rosters coming into AJA national.

Concurrent with this will be an issue of "annualizing" individual memberships, with membership being good for the calendar year, rather than for 12 months. [Members applying after October would have their membership valid through the following year.]

Also concurrent with the first issue is a question of how much to raise individual membership fees. Newsletter costs & postage have gone up tremendously & the national fee hasn't gone up for several years. The BOD will be looking at our financial account over the past few years to see how much it will go up.

The second major issue deals with the possible realignment of the three regions into four and the establishment of a Central Region. This is because there are now several AJA dojo in middle-America. If a new region is established it would also be necessary to establish a new regional director.

If you have any thoughts or suggestions on any of the issues please send me your suggestions.

-George Kirby, Chairman AJA Board of Directors

### Have you had a revelation lately?

We teach. We learn. We hopefully progress in the art. We take ideas home from the dojo and we bring ideas to the dojo. Sometimes what our sensei says really does make sense and sometimes students make comments that show tremendous insight into the art either technically or philosophically. It's really great that all of this happens --- but no one else is finding out about it.

This is what this newsletter is about. Yes, it contains official information from "on high." But it should also have lots of articles from each dojo letting the rest of us know what's happening.

Regional directors should be sending regional news to Dan Carrison, our newsletter editor.

Individual sensei or students should be sending news of events in their dojo to Sensei Carrison too.

We all have things happen to us. We all deserve pats on the back & congratulations for all that we do. But unless other people find out, unless we toot our own horns, no one will know.

The most effective way to get articles into the newsletter is to get someone in the dojo to be a local "editor," soliticing & collecting articles from students. An even better idea is to have a dojo newsletter & send a copy to Dan.

Write an article for the AJA newsletter --- write several. Be sure to send them in. We're only as good as you are.

-George Kirby,

## LET'S BE HONESTI

In reading one of the recent issues of our newsletter I noticed that one of the "Sensei Bio" articles had a number of claims by the sensei; claims that may have been dubious at best. It is unfortunate that some sensei make claims that are not verifiable. It is even more damaging to the credibility of the AJA because these claims appear in our Newsletter, which is supposed to be credible, and the sensei can then use the publication of those claims in the AJA Newsletter to further legitimize those claims.

What are our choices? We really only have two options open, as I see it. #1, the Editor could require that all claims of rank, title, etc., be substantiated with written verification by the issuing sensei/organization. #2, the Editor could place a disclaimer with each "Sensei Bio" indicating that the claims of rank/title by the sensei have note been verified by the AJA and may not be accurate. Option #1 puts the burden of proof on the sensei. Option #2 creates a bad impression. Which would you prefer?

Let me know.

-William D. Fromm Chairman, Black Belt Board AJA Vice-President School: Budoshin Jujitsu Dojo
Chief Instructor: George Kirby
Style: Budoshin Jujitsu
Location: Verdugo Recreation Center, Burbank, CA 818 -953-9510
Date Opened: September 1974
Size: 1300 sq. ft.
Student Enrollment: 80
Senior Instructors: Kenny Harte, Tony 1bbott, Kevin Harte

Teaching comes naturally to George Kirby, who is also a high school instructor in Van Nuys, Calif., working with students every day. What many of his students don't know is that Kirby is a 7th degree black belt in Jujitsu, and chairman of the board of the American Jujitsu Association, which has a national and international membership of over 50 dojo. He is the author of several books on the martial arts and a familiar contributor to the readers of Black Belt magazine.

Kirby has been teaching Jujitsu since 1968, mainly through the YMCA and parks departments. The Verdugo Dojo currently offers Monday, Tuesday and Thursday classes, with a maximum of 25 students (of all ages) to assure quality instruction.

Since there is no formal kata, as in Karate, the basic techniques of Jujitsu must be learned through constant practice with other students. At the Verdugo Dojo, this practice is safe, respectful, and positively reinforced, which probably explains the low drop out rate of the students. "If you hang in there the first few weeks, you'll be hooked for years to come," says Kirby.

Although Sensei Kirby's repertoire of techniques exceeds 800, he stresses the fundamentals. He would much rather see a student demonstrate a basic throw with proper technique, than a complicated variation with poor technique. "Keep it simple," Sensei reminds his students. "The more complicated the technique is, the less chance it will have on the street."

In keeping with his emphasis on the basics done properly, Sensei Kirby does not look for speed in his students. Night after night they will hear Sensei's calm voice telling them to "Slow Down," for safety's sake, and in order to learn the technique so well that the movement becomes relaxed and effortless. When the student relaxes, the speed he has been searching for is aiready there. He's actually gotten faster by slowing down.

One of the ways Sensei Kirby prods his students into realizing the flexibility of Jujitsu is to allow them to make mistakes. If a student feels he has "blown" a technique, Sensei will call out "Keep going, it'll turn into

something." And the student will keep turning in what he swears is the "wrong" direction, only to find himself happily in the middle of another, maybe better, technique. Eventually the student begins to trust to the infinite adaptability of Jujitsu. He thinks less about what "technique" he should use and more about controlling the attacker's energy no matter how that energy comes. In the street, where things never go according to plan, the flexibility of Jujitsu can compensate for the unpredictable.

Another way to develop this sense of adaptability is through training with multiple attackers. The defending student will be set upon by two or more "attackers" responding to Sensei's command. The more proficient the defender, the faster Sensei will send in the attackers— until the defender has no time to recover and no time to think. At that point, the student is acting purely on the "instincts" acquired in the dojo over the years, through constant drilling and practice until the movements have become second nature.

The Verdugo Dojo is open to all, through the Burbank Parks and Recreation Center.

---Dan Carrison, Editor

P.S. Send in a dojo profile; let's make this a regular feature. If you're a student, please get your sense; to o.k. the article. Please keep it to one page. Mail to address on back of newsletter. We want to hear from you.

#### Camp DANZAN RYU 1992

This year, the 9th consecutive gathering of Martial Artists known as Camp Danzan Ryu was held on the 15th,16th and 17th of May at their customary pictoresque setting of Mt.Cross in the Coastal Redwood town of Felton.

The KETSUGO "bunch", Sensei Phil Connolly, Rokudan; Daniella Hofmann, Yonkyu; and myself set out at 8 a.m. Friday morning from Thousand Oaks snaking our way north along the California coast and after a 5 hour plus drive including a "Fatburger"lunch in King City, we finally eased our way into Camp around 2 p.m., where we were welcomed by the organizing trio of Dave Fairfield, Janice Okamoto and Ron Beatty. After donning the traditional "T" shirt (this year it was lime green) we settled in on the Patio to welcome and greet some of the friends we made at previous camps. Soon we were joined by Prof. Wally JAY, Senseis Tony MAYNARD and Mike LYNCH and also greeted some new friends, the likes of Graciella CASILLAS (undefeated ladies kick-boxing worldchampion) Cliff STEWART, (professional body guard for the likes of Michael Jackson) and Ernie BOGGS (the current middle weight sport Ju-Jitsu world champion) to name a few.

That evening, after inhaling a large Combo Pizza at the local Roundtable, we attended Campfire where we met the rest of our friends ( Profs. Sig KUFFERATH, Willy CAHILL, Patricia HENDRICKX, Richard BUNCH etc..) and listened to the evergrowing Ju-Jitsu ballad composed and sung so very well by a strawhatted Mike Lynch.

Saturday morning at the breakfast table, we decided what clinics to attend ( you can only manage about one fourth as there are four clinics going on at once). After the traditional demo in the meadow performed by Dave Meyer & Co from Shin Ryo Kyu Dojo in Chatsworth, Ca. we attended Wally JAY's class in small circle Ju-Jitsu, followed in the afternoon by a class in ESCRIMA conducted by Graciella CASILLAS and again followed by a class in OKASAKI massage by Gerald MC KENZIE.

After supper (Chicken of course) practically the entire camp population crowded in "Upper Jensen" to enjoy a demo and clinic given by Sensei Tony MAYNARD (Besides being Chairman of the World Council of Ju-Jitsu Organizations, he is also my counterpart as Southern Region Director for the AJA) and his/our USA Sport Ju-Jitsu team. In one word "EXCELLENT" and our collective hats are off to Tony, Mike Lynch, Ernie Boggs and Co.

The next morning, after a couple of dozen pancakes,.. well it was only about eight, we attended a class in W.A.R. (Within Arms Reach) by Cliff STEWART. Again excellent presentation that everyone there enjoyed.

Then it was time to pack, say our SAYONARA's and promise to return for next year's 10 th anniversary which should be a "HUMDINGER" as we say in French. And the KETSUGO bunch of three promises to grow to a bakers dozen or more.

CHOW

Sensei Walt LENOIR Har-Bro Dojo # 2 Shihan

#### SENSEI PROFILE

Sensei: Heribert CZERWENKA-WENKSTETTEN, 7th Dan JuJitsu EJJU/[JJF/Japan

Year began martial arts: 1947

Style: Kawaishi Ryu (a variation of Tenjin Shinyo Ryu)

Functions:EJJU Chief Tech. Director

1JJF First Vice President

Heads Instructor for jujitsu education at the
University Of Vienna since 1955

Additional Occupation: M.D. (psychiatry, psychotherapy)

Teaching Philosophy: I practice "clean budo" in the original Japanese meaning. Jujitsu is the best self-defense in the world but this is not the core of the thing. Jujitsu is a way to development of the personality, a climbing up to a higher level of existence. Therefore, it is not an "against each other" (no competition, no championship) but a "together with your friend" like mountain climbing in a roped party. Jujitsu is not fight, but avoidance of fight, a quick stop of aggression by physical and mental means with the ethical goal of turning an opponent into a friend. This probably needs a touch of zen-buddhistic background as I judge the matter.

#### SENSE1 PROFILE

Sensei: Henry Steinberg, Nidan Judo, Nidan Julitsu

Year began martial arts: 1966 Judo: 1984 JuJitsu

Dojo: Academia Costaricense de Judo y Julitsu; Academia de Budo Sansokaj

Teaching Philosophy: I teach Judo and JuJitsu with the philosophy of Bushido in mind all the time: 1. Right Decision 2. Benevolence 3. Right Action 4. Sincerity 5. Loyalty 6. Honor 7. Courage

Member Of: JuJitsu America, USA; American JuJitsu Institute, Hawaii; Amateur Martial Association, England; World Budo, Australia; Seibukan, USA & Japan, American Society of Classical Judoka, USA.

#### CAMP KOKUA II

More than 80 participants from all over southern California enjoyed a weekend of martial arts training at Griffith Park near Los Angeles. The second annual Camp Kokua, April 4 - 5, was sponsored by the Southern California Ju-Jitsu Association and included something of interest for everyone. Kokua means working together, and that is certainly what it took to coordinate this big event.

There were nine scheduled sessions over the two days, with four different subjects to choose from at each session. This gave a total of 36 choices, from dojo etiquette and basic (white belt) techniques, to advanced techniques and weapons.

Some of the other sessions included:

Shimi Waza Bo/Jo/Hanbo Judo

Aiki-Jitsu

Karate-Jitsu Multiple Attackers Finger/Wrist techniques and many more.

Both beginner and advanced students were able to gain a tremendous amount of knowledge from the experience. We were exposed to many new and different aspects of the martial arts which we don't often see in our own dojos. We also gained new insights into basic techniques by learning from different sensei.

One student summed up the weekend perfectly by saying, "This is great! It's like getting two months of Ju-Jitsu in two days."

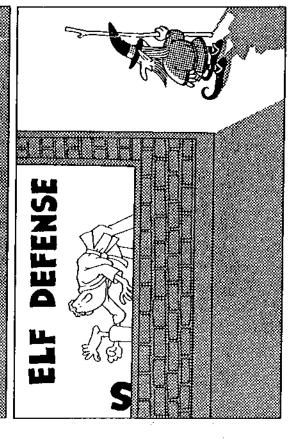
I would like to thank a few of the AJA instructors who helped make the weekend a success:

Professor Harold Brocious Professor George Kirby Professor Walt Lenior Sensei Mike Lynch

along with those from the SCJA and other associations.

I would also like to express my greatest appreciation to Sensei Mike Dingman of the SCJA, and those who helped him stage this event. I hope that we will see more of these events around the country, as well as greater AJA participation at Kokua III. See you next year, at Camp Kokua. —Mark Jordan, Ikkyu





#### SENSE! PROFILE

INSTRUCTOR

RANK

YEAR BEGAN MARTIAL ARTS

YOUR DOJO AND STYLE

INSTRUCTOR YOU'RE STUDING UNDER

AWARDS

March, 1983 - Founder American Jiu-Jitsu Academy of Puerto Rico

September 1990 - Elected Director Representative of W.C.J.O. in Puerto Rico

September 1991 - Founder Puerto Rico Jiu-Jitsu Association-Elected President

August 1991 - Master for Exelency awards 91 San Juan, Puerto Rico

August 1991 - Instructor of the year 91 U.S.A. Schererville, Indiana

- : Profesor Jedan O. Figueroa
- : Black Belt 5 degree Jiu-Jitsu
- : February, 1976
- : American Jiu-Jitsu Academy Jedan Ryu System
- : 1. Instruc. Miguel Lozada Black Belt 3 degree Jiu-Jitsu Miyama-Ryu
  - Master Mouse Powell Black Belt 10 degree Jiu-Jitsu Sanuces-Ryu
- : July 1986 Outstanding Student Award 86 - Chicago Illinois

August 1988 - Firts place Black Belt Team Fight 88 - Crow Point, Indiana

August 1989 - Instructor of the year 89 Puerto Rico - Vega Alta, P.R.

August 1990 - Black Belt Team Fight 90 Schererville, Indiana

: Sept. 1990 - Jiu-Jitsu Combat Defence Winston Salem, North Carolina - Prof. Tony Maynard

November 1990 - Modern Jiu-Jitsu Vega Alta, Puerto Rico Master Mouse Powell

??Have you moved recently?? If you have, please send the following to: AJA Membership P.O.Box 1357, Burbank,CA 91507-1357 U.S.A.

AJA Member Number:
Name:
Address:
City:
City:ZIP:
Home Phone:
Work Phone:

If you have an Announcement, an Article, a Comment, a Letter To The Editor, please send it in to: AJA Newsletter P.O. Box 1357, Burbank,CA 91507-1357. (All contributions are subject to editing due to space limitations.)

## AJA Western Regional Tournament Update

When: Nov. 21, 1992

Where: Thousand Oaks, CA. Sensei Walt

Lenoir's Dojo

Contact: Prof. Robert Phebus, Rokudan

2007 W. Chandler Burbank, CA 91506 Important: Please contact Sensei Phebus if you wish to attend. More info to follow in Oct. issue. Pre Tournament Meeting Oct. 25th., Sun., 4:30, at Sensei Kirby' house.

#### PROMOTIONS

		PROMOTIO			
Date	Name	Rank	Date	Name	Rank
10/90	Jeff Zaugg	Shodan	12/4/91	Michelle Meade	Sankyu
4/91	Steve Hoag	Sankyu		Jessie Trahman	Sankyu
4/31	Gene Tripplatt	Nikyu	9/23/91	Darreil Winston	Sankyu
	James Lomako	Sankyu	2/24/91	Jennifer Toot	Shodan
5/21	Rusty Sands, Jr.	lkkyu	8/13/91	Nick Demauro	Sankyu
7/26	Tony L. Maynard	Rokudan	11/17/90	Gino DeMauro	Sankyu
9/21/91	Allen Hopkins	Shodan	10/16/91	. Jenny Saltzberg	lkkyu
8/21/91	David Scribner	Shodan		John McVey	lkkyu
5/8/91	Christopher Batton	lkkvu	10/21/91	. Craig Fuller	ikkyu Jr.
9/1/91	Terry Feelemyer	Sandan	1/92	Daniel Fischer	Nidan
7/24/91	Donna Mathews	Sandan		Tom Mushitz	Shodan
7/27/91	Larry G. Linville	Sandan	12/4/91	William Feterl	Nidan
9/16/91	Will Harris	Nidan	3/20/91	Edvardo Camacho	Shodan
9/10/51	Richard Beard	Nidan	9/4/92	Maria 1. Soto	Nikyu
9/4/91	Lawrence O'Bryan	Sankyu	1/2/92	Revd.Dr. V. Bell	Kudan
3,4,01	Claudia Reyes	Sankyu		Dr. H. Czerwenka-	
8/4/91	Rob West	Shodan		Wenkstette	
3/20/91	John H. Payne	Nidan		F. Galan Vazquez	Rokudan
9/4/91	Ken Begley	Nidan		Gwyn Hughes	Rokudan
0 0.2	Mark J. Sandell	Nikyu		J. Cantos	Yondon
		,		Donald Jellicoe	Sandan Sandan
6/12/91	Carlos Ramirez	Sankyu	_	Alex Wilson	Sandan
•,	Jeff Zucker	Nikyu	2/4/92	Bruce H. Jones	Nikyu
			3/3/92		lkkyu
			2/26/92	2 Gene Tripplett	Sankyu
11/9/91	Cynthia Prender-	Nikyu		2 Michael Jeffries	•
	gast		3/1/92	Jameson Feelemyer	Sankyu
3/2/90	Joseph F. McCusker	Sandan		Jae B. Schmidt	Sankyu
11/91	Anthony lobot	Instruct	OF	Terry Feelemyer	Sandan
11/91	Barry L. Franz	Nidan		2 Stephen Sfekas John Thomasson	Shodan
6/29/91	Jim Allen	Sankyu	2/4/92		Sankyu
10/91	Mat Elyashiv	Nidan	4/16/9	2 Jon Craig Lori Torrini	Sankyu
4/91	Uzi Mandel	Shodan	1 / 10 / 01	2 Matthew Kupferer	Sankyu
	Seines Michal	Shodan	1/10/5	Lawrence Lamz	Rokudan
				Bill Feteri	Instr.
		Ca aluur		Daniel Fischer	(nstr.
	Gay Keinan	Sankyu	_	Dale Scott	Sankyu
	Hagay Gavish	Sankyu Sankyu		<del></del>	•
11/4/91	Charles Wright 11	і запкуц			

Note: Information submitted to the AJA Newsletter represents the claims of the contributor. Publication in the newsletter is not an endorsement or confirmation by the AJA.

## AMERICAN JU-JITSU ASSOCIATION